

CONNECT WITH HIMALAYA

A CWH GROUP TREK TO THE  
STUNNING MEADOWS OF THE  
KUSH KALYAN PLATEAU.  
28 APR – 5 MAY



## THE MEADOWS OF KUSH KALYAN

Above Uttarkashi, surrounded by an amphitheatre of snow covered peaks, lie the stunningly beautiful and wide meadows of Kush Kalyan. We leave the tourists and the pilgrims behind, and climb through quaint villages and thick forests, on to the rhododendrons in full bloom and finally to the rolling meadows spread as far as eyes can see. Camping amidst a carpet of flowers, with snow peaks within touching distance, with only shepherds and their sheep for company and no connection to the outside world – this is the quintessential Himalayan trekking experience.

### TRIP HIGHLIGHTS

- Camping in untouched green rolling meadows
- Challenging but doable walks for beginners
- Stay at a river camp and white water rafting in the Ganga

CWH

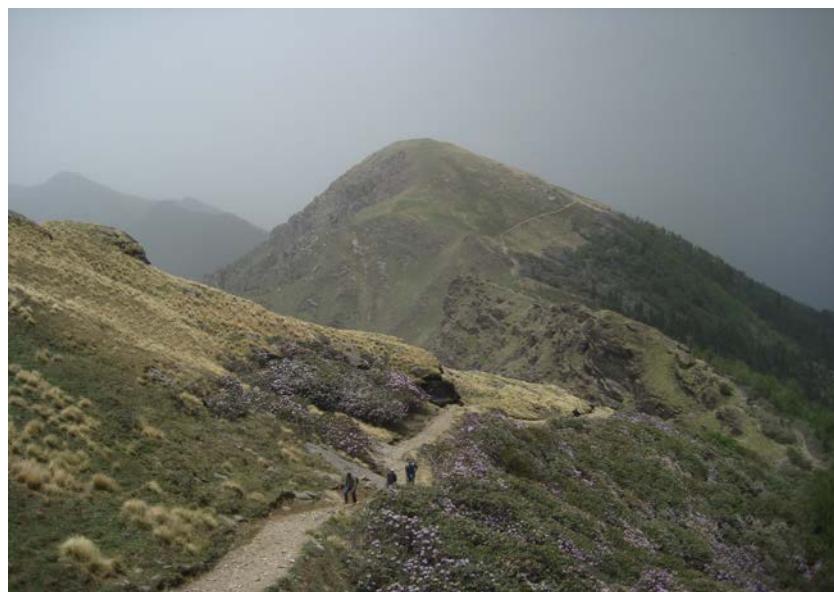


## A BRIEF OVERVIEW



### The land of Gods

Garhwal is Devbhoomi, the land of Gods, and nowhere it is more prominent than when in close proximity to the Himalayan peaks and meadows. As the pilgrims make a journey towards Gangotri from Uttarkashi, we go on our own journey, uncommon but life changing.



### Kush Kalyan trek

Starting from the small village of Malla, the trail steadily climbs through forests and rhododendrons to reach the meadows. Climbs are short but moderately challenging, and the rewards far outweigh the effort. A hidden gem in this popular region, it makes for a perfect adventure.

## ITINERARY: 8 DAY TRIP, 5 DAYS OFF WORK (2 WEEKENDS)

28-29 APR	28 Apr - Fly to Dehradun and drive to Uttarkashi ~ 5 hours. Plan to reach Dehradun latest by noon.	We stay at a beautiful, off-the map place above Uttarkashi for the first two nights as we acclimatize and get used to the ways of the high Himalaya.
30 APR - 3 MAY	Drive to the roadhead (~ 2.5 hours) and then start our trek to Kush Kalyan. We trek for 4 days and reach the height of 3800 M. The walks are slightly challenging but delightful with spectacular mountain views.	<p>Day 1 – From Malla village to Sheela Gaano Gaira campsite ~ 7km</p> <p>Day 2 – Trek to Kush Kalyan meadows and camp at 3600 M ~ 7 km</p> <p>Day 3 – We walk entirely on the meadows and you can choose to roam around and explore more. Camp at Bhalak. ~ 5 km</p> <p>Day 4 – Long day but all downhill as we finish the trek in Lata village ~ 15 km. We then drive to a bath and warm bed.</p>
4-5 MAY	<p>4 May – Drive to Kaudiyala (~ 3.5 hours) and stay at a river camp.</p> <p>5 May – Rafting and drive to Dehradun to catch the flight back. ~ 1.5 hours.</p>	We stay by the Ganga in a beautiful river camp for our last night on the trip. And next morning, we go for a spectacular white water rafting session before heading to Dehradun airport. Book your return flight from Dehradun anytime after 2 pm.

## COST FOR THE TRIP:

<b>Stay, food and river rafting</b>	2-3 people per room in Uttarkashi and river camp. Food will be local – fresh and simple. All meals except when in transit. Session of river rafting also included.
<b>Trek</b>	All trekking equipment like tents, sleeping bags, mats, dining tents, toilet tents, etc. Trekking personnel like guides, porters, cooks. All meals.
<b>Transportation</b>	Ex- Dehradun in SUVs.

The cost of the trip =  
**Rs 41000/- per person**  
including all taxes.

Note: The group size will be limited to 12. Bookings are done on first come first serve basis and hence no deadlines. Confirm your place by making the full payment in advance. Read our [cancellation policy](#) and fill the [release document](#).

[Click here for PAYMENTS](#)

## WHAT TO GET ALONG?

Himalayan summer means long pleasant days and cool nights. It will be cold as we camp high on the meadows but we will be snug in our sleeping bags. Temp ranges from 7 to 25 degrees on the trek. Never count out the occasional Himalayan shower though. We will be prepared accordingly: Woolen sweater, cap, socks and gloves, a light rain jacket and good walking shoes are the essentials. Layering is the key. Detailed checklist on signing up.

## MAKING A CONTRIBUTION

There is always a way of giving back to the place and people where we go for our holidays. We are organizing this trek with a group of guides and porters of this area. This is their only source of employment apart from the once a year crop cycle. You can also support local handicraft weavers by buying your woolens from them directly.

## GET CONNECTED:

Gaurav Punj  
[cwh.now@gmail.com](mailto:cwh.now@gmail.com) | +91 9833829240 | [www.connectwithhimalaya.com](http://www.connectwithhimalaya.com)  
Pics from our other trips, [here](#)

### GIFT THIS TRIP

You can chose from gift vouchers starting from Rs 5000.  
Write to us with the name of the receiver and the denomination of the voucher.

### NOTE

All CWH trips have a strict no-alcohol policy.  
And no packaged noodles.