

CONNECT WITH HIMALAYA

A CWH GROUP CYCLING  
HOLIDAY TO KUMAON FOR  
FIRST TIMERS. 21- 25 NOV 2018.



## EASY CYCLING HOLIDAY - KUMAON

Kumaon has its own charm. Idyllic villages set amidst meadows, beautiful trails through pine forests, clear views of Nanda Devi and other snow covered peaks, lovely places to stay and delicious Kumaoni cuisine. We explore all these aspects on this holiday and do so through short, easy day trips on mountain bikes. The trip is for those who have always wanted to bike in the Himalaya, but also for those who don't want to as you can choose to walk or take a ride.

### TRIP HIGHLIGHTS

- Easy cycling trails through beautiful forests and valleys
- Visits to quaint villages and community involvement
- Wood fired oven pizzas while facing the snow covered peaks



## A BRIEF OVERVIEW



### Sonapani

The middle Himalayan region has thick jungles teeming with wildlife, bubbly streams and wide valleys. Sonapani is a beautiful place set amidst fruit orchards facing the greater Himalayan range, and as ideal a base to explore Kumaon as one can find.



### Cycling in Himalaya

We go for daily rides from Sonapani to nearby villages, valleys and forests. The trails are easy and allow the first timers to Himalayan cycling to ease into the sport. We choose short trails so that there is plenty of time to explore other aspects and also to just chill.

## ITINERARY: 5 DAY TRIP, 3 DAYS OFF WORK (1 WEEKEND)

21 NOV	Fly into Pantnagar (from Delhi) and from the airport drive to Sonapani ~ 3 hours.	You can also choose to take the overnight train from Delhi to Kathgodam (20 <sup>th</sup> night). We reach Sonapani in the afternoon.
22-24 NOV	We set into a daily pattern of going out after breakfast and coming back late afternoon.	Daily short, easy trips. If you don't want to ride a bike, you can choose to come along in the accompanying vehicle. We visit villages and interact with local communities, contribute in small ways we can. Evenings are spent around bonfire at Sonapani, sipping on tea, biting into the wood fired over pizzas and staring at the stunning 180 degrees of snow covered mountain range.
25 NOV	Drive back to Pantnagar airport to catch the flight back to Delhi.	Again, you can choose to catch the morning train instead of the flight back to Delhi. Book your tickets accordingly.

## COST FOR THE TRIP:

### Stay and food

On twin sharing basis. All meals included except when in transit.

### Mountain bikes and support

Will be provided. There will be an accompanying vehicle too if you don't want to ride.

### Transportation

From Pantnagar airport (or Kathgodam station) and back in SUVs.

The cost of the trip =  
**Rs 37000/- per person**  
including all taxes.

Note: The group size will be limited to 12. Bookings are done on first come first serve basis and hence no deadlines. Confirm your place by making the full payment in advance. Read our [cancellation policy](#) and fill the [release document](#).

[Click here for PAYMENTS](#)

## WHAT TO GET ALONG?

Have you ever experienced the Himalaya in Autumn? The sun is warm but not uncomfortably, the days are long and cloudless, hundreds of flowers are still blooming post the monsoon, fruits are hanging from the trees and a delicious scent is in the air. Temp ranges from 10 to 25 degrees. A warm sweater, a jacket and a woolen cap will do. Get a pair of comfortable walking shoes along too. Will provide a detailed list on signing up.

## MAKING A CONTRIBUTION

There is always a way of giving back to the place and people where we go for our holidays. We will be visiting villages where Aarohi and Chirag, two NGOs, committed to need-based and people-planned integrated rural development in the Kumaon region, work. They promote alternative income venues for the locals through stores that sell various handicrafts and organic products.

## GET CONNECTED:

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Pics from our earlier trip to Sonapani, [here](#)

### GIFT THIS TRIP

You can chose from gift vouchers starting from Rs 5000. Write to us with the name of the receiver and the denomination of the voucher.

### NOTE

All CWH trips have a strict no-alcohol policy. And no packaged noodles.