# CONNECT WITH HIMALAYA

A CWH GROUP TREK TO THE MEADOWS OF PUSHTARA IN RUPIN SUPIN REGION. 5 – 11 MAY



# THE MEADOWS OF PUSHTARA

Above the Supin river, surrounded by an amphitheatre of snow covered peaks, lie the stunningly beautiful and wide meadows of Pushtara. We climb through quaint villages and thick forests, on to the rhododendrons in full bloom, then to the stunning ridge of Phulara and finally to the rolling meadows spread as far as eyes can see. Camping amidst a carpet of flowers, with snow peaks within touching distance, with only shepherds and their sheep for company and no connection to the outside world – this is the quintessential Himalayan trekking experience.

#### TRIP HIGHLIGHTS

- Camping in untouched green rolling meadows
- Doable walks for beginners
- Phulara ridge is breathtaking
- Stay at a river camp and white water rafting in the Tons



# A BRIEF OVERVIEW



The land of Gods

Garhwal is Devbhoomi, the land of Gods, and nowhere it is more prominent then when in close proximity to the Himalayan peaks and meadows. As the pilgrims make a journey towards Gangotri from Uttarkashi, we go on our own journey, uncommon but life changing.



Pushtara meadows trek

Starting from the small village of Sankri, the trail steadily climbs through forests and rhododendrons to reach the meadows. Climbs are short and only moderately challenging, and the rewards far outweigh the effort. The trek is perfect for first timers and even children.

# ITINERARY: 7 DAY TRIP, 4 DAYS OFF WORK (2 WEEKENDS)

5-6 MAY	You will have to reach Dehradun a day prior (4 <sup>th</sup> May) and stay the night in one of the hotels there. On 5 <sup>th</sup> morning we drive to Mori. Takes about 6 hours.
7 -10 MAY	Drive to the roadhead (~ 2 hours) and then start our trek. We trek for 4 days and reach the height of 3800 M. The walks are moderate and delightful with spectacular mountain views.
11 MAY	Drive back to Dehradun and take the flight or train back. ~ 6 hours

Book your tickets to reach Dehradun anytime on 4<sup>th</sup> May. You can also reach Dehradun by train early morning on 5<sup>th</sup> May. 5<sup>th</sup> and 6<sup>th</sup> we stay at a beautiful, off-the map campsite at Mori, right next to the Tons river. 6<sup>th</sup> is spent resting, acclimatizing and white water rafting in the river.

Day 1- Sankri to Sikolta (07 Km) (2900 Meters) Day 2-Sikolta to Bhoj Gadi camp (5 km) (3470 Meters) Day 3- Bhoj Gadi Camp to Pushtara meadows via Phulara ridge (3700m) Day 4- Pushtara meadows to Taluka (8 Km) then drive back to Mori.

Book your flight/ train from Dehradun post 2 pm.

## COST FOR THE TRIP:

Stay, food and river rafting	Double occupancy at the river camp in Mori. Food will be local – fresh and simple. All meals except when in transit. Session of river rafting also included.	The cost of the trip = <b>Rs 45000/- per perso</b> including all taxes.
Trek	All trekking equipment like tents, sleeping bags, mats, dining tents, toilet tents, etc. Trekking personnel like guides, porters, cooks. All meals.	Note: The group size wil 12. Bookings are done o first serve basis and hen deadlines. Confirm your
Transportation	Ex- Dehradun in SUVs.	making the full payment Read our <u>cancellation po</u> the <u>release document</u> .

#### **Click here for PAYMENTS**

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# WHAT TO GET ALONG?

Himalayan summer means long pleasant days and cool nights. It will be cold as we camp high on the meadows but we will be snug in our sleeping bags. Temp ranges from 7 to 25 degrees on the trek. Never count out the occasional Himalayan shower though. We will be prepared accordingly: Woolen sweater, cap, socks and gloves, a light rain jacket and good walking shoes are the essentials. Layering is the key. Detailed checklist on signing up.

### MAKING A CONTRIBUTION

There is always a way of giving back to the place and people where we go for our holidays. We are organizing this trek with a group of guides and porters of this area. This is their only source of employment apart from the once a year crop cycle. You can also support local handicraft weavers by buying your woolens from them directly.

# GET CONNECTED:

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**GIFT THIS TRIP** You can chose from gift vouchers starting from Rs 5000. Write to us with the name of the receiver and the denomination of the voucher.

#### NOTE

All CWH trips have a strict no-alcohol policy. And no packaged noodles.

